

BREAKTHROUGHS 10 SUPER EASY WAYS TO LOOK YOUNGER NOW—YOU WON'T BELIEVE WHAT THEY ARE!

NEW BEAUTY

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← 50!

NIP TUCK OR NOT?



These simple picks provide anything but basic benefits.



executive managing editor
ELIZABETH RITTER

SIMPLE SOLUTIONS

Complicated beauty products aren't always so great for sensitive skin, or life in general. These easy-to-use picks provide anything but basic benefits and make your routine so much better.

01 Organic Upgrade

Farmhouse Fresh has always been a fan favorite; this spring, the brand launches the all-new FHF Organics collection, a natural line that complies with strict organic standards.

02 Serious Sunscreen

Choosing that "just right" tinted moisturizer never seems simple. This new addition to the sensitive-skin line delivers serious sun protection via stay-put color.

03 Essential Oil All-Star

It's hard to find a product that rivals the magical perk-up benefits of coffee, but this great-smelling aromatherapy oil comes pretty close, as a quick sniff midday helps to promote alertness.



01
Farmhouse Fresh Organics collection,
farmhousefreshgoods.com



02
Eau Thermale
Avene Complexion
Correcting Shield
SPF 50+, \$36,
aveneusa.com

03
Tata Harper
Aromatic Energy
Treatment, \$65,
tataharperskincare.com



WHAT'S ON MY

INGREDIENT UPGRADES, SUPER SERUMS AND THE SPA WHERE HOLLYWOOD FLOCKED TO THIS SEASON.

radar..

THE SKIN-PERFECTING SERUM

There's a lot of science packed into this tiny product. Even if you don't understand it all, one thing is certain: Two drops of this silky serum work with pretty much every complexion to tackle all signs of aging.
BioEffect EGF Serum, \$160, bioeffect.com



BOTANICAL POWERHOUSE

Go-to spa brand Elemis is rolling out some very hard-hitting skin-care options this month. One of the most unique, a plant stem cell-based facial oil that, as Annet King, VP of education, says, is powered by "superbotanicals" that promote radiance and overall skin health. **Elemis Pro-Definition Facial Oil, \$104, elemis.com**



RED-CARPET READY

During awards season, The Beverly Hilton is where stars stay, get ready and strut the red carpet. Spa manager Paulo Teixeira says this year, when it came to skin treatments, everyone was requesting the ReVersive Anti-Aging Facial by Babor.

