BEST OF THE BEST
THE TREATMENTS AND PRODUCTS THAT REALLY WORK—we promise!

BEAUTY AWARD WINNERS

the latest innovation

FAST FAT MELTERS
get the body you’ve always wanted!

fast ways to
SAVE YOUR SKIN!
THE SECRET TO A FLAWLESS LOOK IN SECONDS

FAITH TURNS <-50!

NIP TUCK OR NOT?
WHAT'S ON MY radar...

INGREDIENT UPGRADES, SUPER SERUMS AND THE SPA WHERE HOLLYWOOD Flocked to THIS SEASON.

THE SKIN-PERFECTING SERUM
There’s a lot of science packed into this tiny product. Even if you don’t understand it all, one thing is certain: Two drops of this silky serum work with pretty much every complexion to tackle all signs of aging. BioEffect EGF Serum, $160, bioeffect.com

BOTANICAL POWERHOUSE
Go-to spa brand Elemis is rolling out some very hard-hitting skin-care options this month. One of the most unique, a plant stem cell–based facial oil that, as Annet King, VP of education, says, is powered by “superbotanicals” that promote radiance and overall skin health. Elemis Pro-Definition Facial Oil, $104, elemis.com

RED-CARPET READY
During awards season, The Beverly Hilton is where stars stay, get ready and strut the red carpet. Spa manager Paulo Teixeira says this year, when it came to skin treatments, everyone was requesting the Reversive Anti-Aging Facial by Babor.